



# Quail Run Breakfast Menu

## December 2021





*Join Our Team*



Due to national supply chain disruptions, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Thank you for your understanding and continued support!



Monday		Tuesday		Wednesday	Thursday	Friday
<div>Served Daily</div> <div>Fruit and vegetables are offered every day with our meals. USDA nutritional standards require that every student take a least 1/2 cup of fruit or vegetable serving with a meal. Visit My Plate for more information on this program through USDA.</div> <div>Low Fat White Milk</div>				1 <div>✓ Banana Bread</div> <div>-or-</div> <div>✓ Cheese &amp; Egg Breakfast Burrito</div>	2 <div>✓ Cinnamon Chex Cereal Bowl</div> <div>-or-</div> <div>✓ Cherry Strudel</div>	3 <div>✓ Cinnamon Raisin Bagel &amp; Cream Cheese</div> <div>-or-</div> <div>✓ Mini Waffle Bites</div>
6 <div>✓ Apple Cinnamon Benefit Bar</div> <div>-or-</div> <div>✓ Egg &amp; Cheese Wrap IW</div>	7 <div>✓ Cinnamon Toast Crunch Cereal Bowl</div> <div>-or-</div> <div>✓ Strawberry Splash Mini Pancakes</div>	8 <div>✓ Banana Bread</div> <div>-or-</div> <div>✓ Cheese &amp; Egg Breakfast Burrito</div>	9 <div>✓ Cinnamon Chex Cereal Bowl</div> <div>-or-</div> <div>✓ Cherry Strudel</div>	10 <div>✓ Cinnamon Raisin Bagel &amp; Cream Cheese</div> <div>-or-</div> <div>✓ Mini Waffle Bites</div>		
13 <div>✓ Apple Cinnamon Benefit Bar</div> <div>-or-</div> <div>✓ Egg &amp; Cheese Wrap IW</div>	14 <div>✓ Cinnamon Toast Crunch Cereal Bowl</div> <div>-or-</div> <div>✓ Strawberry Splash Mini Pancakes</div>	15 <div>✓ Banana Bread</div> <div>-or-</div> <div>✓ Cheese &amp; Egg Breakfast Burrito</div>	16 <div>✓ Cinnamon Chex Cereal Bowl</div> <div>-or-</div> <div>✓ Cherry Strudel</div>	17 <div>✓ Cinnamon Raisin Bagel &amp; Cream Cheese</div> <div>-or-</div> <div>✓ Mini Waffle Bites</div>		
20 <div>✓ Apple Cinnamon Benefit Bar</div> <div>-or-</div> <div>✓ Egg &amp; Cheese Wrap IW</div>	21 <div>✓ Cinnamon Toast Crunch Cereal Bowl</div> <div>-or-</div> <div>✓ Strawberry Splash Mini Pancakes</div>	22 <div>✓ Banana Bread</div> <div>-or-</div> <div>✓ Cheese &amp; Egg Breakfast Burrito</div>	23 <div></div>	24 <div></div>		
27 <div></div>	29 <div></div>		30 <div></div>	31 <div></div>		